

Membership means more than just working out.

Beyond just doing something good for themselves, every time a member walks through our doors they are contributing to the betterment of their neighbors and community. Whether they're joining, volunteering, or donating, our members are giving individuals in need a chance to live a better life simply by being a part of the Y.

Our purpose is deeper than a pool.

We work every day to build brighter futures for youth, improve health and wellness, and demand equity for all. We exist to bring real change to issues affecting the lives of those around us. Our members don't just join a gym, they join a community that's working to transform their neighbors' lives with more equitable, inclusive, purpose-driven programs and offerings.

This report will show you a lot of numbers related to our areas of focus, but behind all of those numbers are individual people with their own unique story of how the Y creates meaningful impact within our community. Your support makes this possible, and on behalf of all the families and individuals we serve, thank you.

Sincerely,

Ralph Fuller, Board Chair Mike Bostwick, CEO







"After 30 years in the US Army and an additional 15 years working in the defense industry, I retired and my wife, Donna, and I moved to Beaufort some 17 years ago. We love living here and taking advantage of all the area has to offer.

Then in 2018, just after returning from a wonderful trip to abroad, I went to see Dr. Trask for what I thought was a hernia. After a series of tests, it turned out that I had Non-Hodgkins Lymphoma. I immediately began 6 rounds of chemotherapy that took the better part of a year. The chemo brought on diabetes and dreaded insulin shots every day. I lost a great deal of weight, all of my muscle mass, and I could hardly walk up stairs or take a ¼ mile walk without being exhausted.

Fortunately, the chemo worked and the diabetes went away. I was ready to try to reclaim my fitness and my life. Donna, a fitness enthusiast, signed me up with a personal trainer who helped me get started with the simple tasks that built up my strength. Then Donna suggested the YMCA. We started with water aerobics and that helped a lot. She started trying out all the other classes at the Y and suggested I might like the Senior Fit class with Betsy Kinard.

So I started the class and found that the combination of aerobic exercise, weight lifting, and work on the mat doing sit-ups, crunches and planks was just what the doctor ordered. In the 2 years I have been in the class, to include the covid period, I have gotten my strength back and am feeling as good, or maybe even better, than I did before all this started 4 years ago.

In addition to the physical workout, I give our instructor, Betsy, a great deal of credit for motivating me to keep at

it. She makes our class fun and nonthreatening. I have met some great people in the class who are determined to age in a healthy way. I know Betsy and her class have made a tremendous difference in my health and enjoyment of life. I honestly don't know if I would have kept up the exercise regime if it hadn't been for the Senior Fit class, and I'm really thankful that I am able to go to the Y."

COL(R) Rae W. Dehncke



LEFT: RAE & YMCA FITNESS NSTRUCTOR BETSY KINARD

2022 COMMUNITY IMPACT

\$207,800 IN SCHOLARSHIP, FREE PROGRAMS & SUBSIDIES TO OUR COMMUNITY



\$39,605 was raised at the 2022 Beaufort Beach Ball & silent auction



141 participants received free or reduced cost swim lessons for a total of \$6,292 in scholarship assistance



100 families were awarded scholarship for membership and 222 children received scholarship assistance for preschool, after school and sports programs



124 participants were certified in CPR / AED First Aid



220 youth attended Y summer camp with 200 experiencing hands-on learning through our National Parker Service partnership program



828 people were taught to swim and 89 participated in swim team or swim club



750 kids participated in youth sports



\$1,200 was raised for our Learn to Swim Program from sales of oyster ornaments created by Aquatics Director, Perri Flaherty



280 students attended our after school program & day camps and were served 18,845 meals free of charge



Group exercise had a total participation of 33,296 member attendance



\$21,000 was raised during our 16th Beaufort River Swim, our highest earning year to date



Our spin bikes averaged 5,720 miles in 2022



2022 ANNUAL SCHOLARSHIP CAMPAIGN DONORS

PINNACLE \$5000+

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THANK YOU TO ALL OF OUR DONORS!

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IMPACT & FINANCIALS

PROGRAMS IMPACTED BY YOUR SUPPORT:

Membership: \$60,000 | 100 families served Childcare/Camp: \$78,000 | 190 youth served

Aquatics: \$6,800 | 30 youth served

Migrant Education Program: \$63,000 | 25 youth served

SUMMARIZED STATEMENT OF FINANCIAL POSITION

ASSETS		2021			2022
CASH & CASH EQUIVALENTS	\$	126,244		\$	154,091
PROPERTY, PLANT, & EQUIPMENT (NET)	\$	5,750,653		\$	5,665,139
NON-CURRENT ASSETS	\$	337,555		\$	592,631
TOTAL ASSETS	\$	6,214,452		\$	6,411,860
LIABILITIES & NET ASSETS					
ACCOUNTS PAYABLE OTHER CURRENT LIABILITIES LONG-TERM LIABILITIES	\$ \$ \$	35,630 323,649 2,503,644		\$ \$ \$	142,492 364,222 2,385,271
TOTAL LIABILITIES	\$	2,862,923		\$	2,891,985
NET ASSETS without Donor Restrictions	\$	3,231,854		\$	3,400,199
NET ASSETS with Donor Restrictions	\$	119,675		\$	119,675
TOTAL NET ASSETS TOTAL LIABILITIES AND NET ASSETS	\$	3,351,529 6,214,452	•	\$	3,519,875 6,411,860

SUMMARIZED STATEMENT OF FINANCIAL ACTIVITIES & CHANGES IN NET ASSETS

REVENUE & SUPPORT	\$ 2,434,866	\$ 2,710,671
FUNCTIONAL EXPENSES	\$ 2,191,838	\$ 2,540,658
INCREASE (DECREASE) IN NET ASSETS	\$ 243,028	\$ 170,012

FACILITY MPROVEMENTS

Men's locker room renovation
2 new a/c units
Refinished gym floors
Hot tub jets, heater and drain lines replaced
Dry sauna seating replaced
Replaced cardio equipment and weights
Purchased a new (used) bus
Replaced part of the roof

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Marketing & Development Director: Nancy Kirk Operations Director: Lawrence Maldonado Senior Program Director: Denice Davis Aquatics Director: Perri Flaherty Youth Development Director: Ebony Bolles Early Childhood Director: Megan Buis Sports Director: Michael Trausch

Facility/Maintenance Coordinator: Randall Bagley